

WORSHIP WITH US!

Thursdays at 6:00pm
Sundays at 8:00am & 10:30am
9:15am Sundays - Family Bible Hour for ALL ages



APRIL 2018

OUR SAVIOR'S MESSENGER

No. 4

Telephone 452-4005 ♦ www.oslcsheboygan.com ♦ e-mail oslcsheboygan@gmail.com

Dear Saints of Our Savior's:

Thomas was not present with the rest of the disciples when Jesus first appeared to them on the evening of the day He rose from the dead. When they told him later "We have seen the Lord!" Thomas said, "Unless I see in his hands the mark of the nails, and place my finger into the mark of the nails, and place my hand into his side, I will never believe." (John 20:25) That's, of course, exactly what happened eight days later. Jesus invited Thomas to do what he said he needed to do before he'd believe that Jesus was alive. And to that Jesus said, "Blessed are those who have not seen and yet have believed."

We are blessed because even though we have not seen Jesus in the flesh we believe. Jesus blesses us because faith comes from hearing the message of what Jesus did and what Jesus promises us (Romans 10:17). But although we can't see Him with our eyes, we can receive Him in faith because He still comes to us today. He said, "Whoever hears you hears me" (Luke 10:16), so when we hear someone speak the teachings of Jesus, Jesus speaks to us. Jesus said, "Take, eat; this is my body. Drink of it, all of you, for this is my blood... for the forgiveness of sins." (Matthew 26) So when we commune at His Supper, we take into ourselves Jesus' very body and blood – His living body and blood for death no more has dominion over Him - for the forgiveness of our sins.

It is easy to become skeptical like Thomas as we live in our world of death and disappointment. Where is God when there is tragedy? How can I know that He cares for me when it seems He's so far away and my troubles are so near? Jesus knows and He cares. He is as near to you as His means of grace. Listen to His Word. Receive His Sacraments. That's where Jesus

is and promises to give us His strength. That's how He blesses us who have not seen Him.

In this Easter season as we hear how Jesus appeared to His disciples after His resurrection to prove to them that He was alive and so had conquered sin, death, and the devil, let us receive Jesus who is among us today through His Word and Sacraments so that He may bless us who have not seen Him.

The Lord be with you!

+ Pr. Schulz



VOTERS' MEETING ON THE 15th OF APRIL

The spring quarterly meeting of Our Savior's voting assembly will be held on Sunday, April 15th between the early and late service. All confirmed members, 18 years and older, are automatically members of the voting assembly.

We encourage involvement from **all** our members, both men and women, old and young. It is only as we all work together, and actually get involved in the Lord's work, that we can fully experience blessings, and the personal satisfaction of knowing that God is working through you to accomplish His purposes.

MARY MARTHA NEWS

Pastor Schulz opened our meeting by reminding us of a time when Jesus became angry when the temple he so loved was used by people who cheated others by selling items at high prices and then kept most of the profits for their own use. He went through the Temple in anger and knocked items and even tables to the floor and forces the interlopers to leave, reminding his followers that they were to keep their focus on God and eternal life in Heaven.

We were very fortunate to have Officer Jason Brockway, who is assigned to the K-9 Unit of the Sheboygan County Sheriff's Department and to later meet MIKA, the Labrador and Dutch Shepherd Mix "Drug Dog" who lives with him and his family.

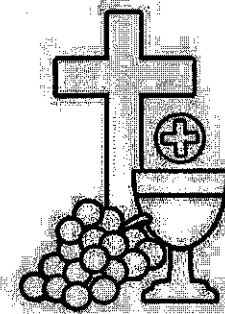


Mika is a friendly, loving pet of the family but with many, MANY hours of training, this former Rescue Dog, when working with Officer Brockway, has been able to detect and locate the five drugs that are familiar to our area. In the year and a half she has been working, she has been helpful in facilitating over 350 arrests in our area. Her training is extensive and is monitored regularly and she needs to be recertified annually by tests including finding drugs hidden in the middle of a field. She is trained for focus, smells, tracking, distraction – even to bark for intimidation – far too many things to be listed here. Regulations require that she be worked with eight hours straight, two times a month and Officer Brockway also works with her at home every evening. Her skill in detecting marijuana, crystal meth and heroin was proven to us when her trainer planted actual very small portions of these drugs (that had been confiscated from users) on a doorknob, under the lid of piano keys and in a covered box on a table. Mika went to each of these

areas and stopped; pointing her nose directly on the area and would not move until Officer Brockway acknowledged her finds.

Other facts given to us included the fact that while the effects of alcohol will begin to leave a body within an hour, it will take marijuana four hours to begin to leave the body. Drug driving arrests exceeded driving arrests last year. There is now a machine in our Sheboygan County Jail that can detect if a drug is hidden in a body cavity. Space limitations prohibit me from listing even more things presented in this eye-opening, informative presentation. Our sheriff's department is looking into acquiring a second dog to help in the efforts to curb drug usage, but presently funding is not available.

Hostesses for this meeting were Marcie Sorenson and Delores Williams, who decorated the tables in a St. Patrick's Day theme and served mint ice cream with mint frosted chocolate fudge bars.

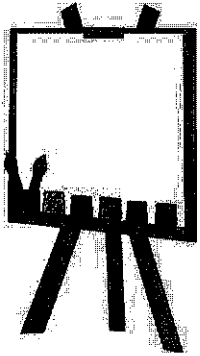


God's blessings to our new communicants

At the Easter Vigil the following children, having received instruction in the basic tenets of Christianity, were recognized as being eligible to receive Holy Communion: Noah Baer, Jacob Neidert, Crosby Richter, Sarah Van Der Vaart, Marisa Serna, Max Brauer, Makayla Buchner, Abigail Meulbroek, Gavin Mickelson, Aidan Nienhuis, Maya Serna, Lucas Cleveland, Aiden Neidert, and Aubrey Nienhuis.

Social Activities Group activities

Urban Artique



Ladies, mark your calendars for Saturday, April 28th, 9:00 am, for a fun morning of board painting and mimosas at Urban Artique. Each participant will paint a 12"X24" board, ready to take home and hang by the end of the morning. Several examples will be shown at a later date for you to choose from. Cost is only \$28 plus tax (\$29.54).

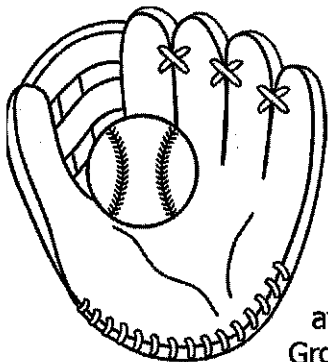
Continental breakfast will be provided.

Murder Mystery Dinner Party

Please join us on Saturday, May 5 (Cinco de Mayo), from 5:00-8:00 pm for what promises to be a fun evening of suspicious characters, dinner and music. The fellowship hall will be transformed into the fictitious Montalban Hotel in beautiful Los Cabos, Mexico. The party is open to all, ages 14+, and guests are welcome. The Mexican-themed dinner will be served by the committee for a freewill offering. Bright colored clothing and sombreros are encouraged. There is a sign-up sheet in the narthex. Participants may sign up to be actual characters involved in the mystery, but this is not required. Contact Marilyn Heling at 458-5336 with any questions.



Brewer Game



The Social Activities Group is planning a Brewer Game event on Saturday, June 23, 2018, Brewers against the St. Louis Cardinals. Game starts at 3:10pm. Of course, there has to be tailgating involved so plan to meet at church for carpooling at 10:30am. The Social Activities Group will provide sub sandwiches,

while all attendees are responsible for their own drinks as well as a snack or dish to share.

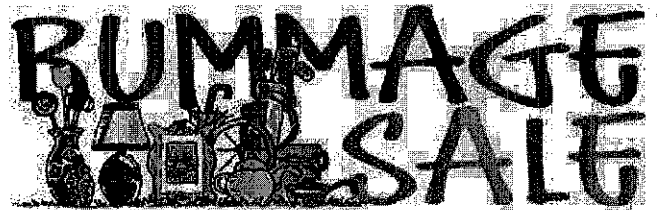
A signup sheet will be in the narthex until May 20th. Please indicate on the sheet if you are willing to drive and how many passengers you can take. Also, note what you will be bringing for a shared item.

The group cost for a ticket is \$27.00 with a minimum of 20 people.

If you have any questions, please contact Linda Fleck at 920-452-7484.

Ladies Night Out

We will be gathering at 5:30 PM at 8th Street Ale Haus on Tuesday, April 24th planning to sit down about 6 PM for supper. For those of you who have lived in Sheboygan for a number of years, 8th Street Ale Haus was formerly the site for Hoffbrau Haus. All ladies of the congregation to come enjoy an evening of conversation, laughs, and fellowship. If you have any questions, please contact Clara Murphy



Rummage Sale, 2018

Please continue to save your items for the church rummage sale planned for October. To have a successful sale, we will need your items. When Sunday School is completed, we will have the space available to start collecting your goodies. Then the fun will start of sorting, pricing, and re-boxing them according to category. We did this last year and it really worked well for us when it came time to set things up for the sale. If you have any questions, please contact Clara Murphy or Mike Feudner for more information.



Dear Friends in Christ:

Quick studies on the latest research of diet and exercise:

Brain training?

Assigning sedentary people to a high-intensity interval training (HIIT) or a sedentary control group. Ages ranged from 18-30 and 65-80. HIIT rode a stationary bike three days a week (4 min of high intensity, 3 min rest periods) and two days a week of treadmill walking for 45 minutes. After 12 weeks, glucose uptake to brain increased in the HIIT group. Glucose is the brains primary fuel. Advice is to get moving, any exercise is helpful.

Beyond Arm's Length

Placing snacks out of reach will help to eat less. A random study assigned 246 adults to sit at a table with a glass bowl of M&M's 8 inches or 2 ½ feet away during a 10 minute break between 2 cognitive tests. 70% near the bowl took M&M's but only 58% farther away took some M&M's. Advice: distance helps with unhealthy snacks.

Go Greens

Green leafy vegetables may keep you sharp. 960 people aged 58 to 99 were tracked for five years. Those who ate the most leafy greens did better on cognitive tests. Advice: Although the study was small, leafy greens are packed with vitamins, minerals, lutein, and other phytochemicals that protect health.

Sitting and Belly Fat

Time spent in a chair, on the sofa, or in your car may affect size of your belly. MRI scans done on 124 people at risk for type 2 diabetes, each wore an accelerometer for a week.

Inactive individuals (averaging 13 minutes a day of least moderate-intensity exercise), each hour of sedentary time per day was linked to an extra 1.9 quarters of abdominal fat.

Sedentary time wasn't linked to belly fat in people who were active (averaging 40 minutes per day).

Advice: The type of study on its own can't prove sitting boosts belly fat, but it is one more reason to get moving.

(Information taken from Nutrition Action, March 2018)

Prayerfully submitted,

Deb

Blood Pressure Check, April 8, 7:30-10:30am

Office Hours

Mondays – 9:00-11:00am

Thursdays – 3:45-5:50pm

I will be out of office April 2 and will be gone April 29th through May 6.

BP Sun in May will be May 20th, my granddaughter Anastasia will be confirmed on May 13th.

Pastoral Acts:

Funeral:

Mrs. Dolores Neuwirth

Age: 96

Died: March 15, 2018

Laid to Rest: March 19, 2018

Mrs. Gail Knuth

Age: 80

Died: March 25, 2018

Laid to Rest: March 28, 2018

Mr. Raymond Clark

Age: 93

Died: March 26, 2018

Laid to Rest: March 31, 2018

Memorial Gifts:

\$80 in memory of Dolores Neuwirth

HighLites

"Preparing Christian Leaders—One Student at a Time"

A Monthly Newsletter

April 2018

Christ's Example of Humility.

On Wednesday morning, March 14, we prayed for students everywhere. As we typically have our teachers say a quick prayer in their classrooms each day, Wednesday was only a little different. The following paragraphs were recited in our classrooms, a moment of silence and a prayer were held, and our students continued their day.

Philippians 2: 2-8 (ESV) Christ's Example of Humility.

So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy by being of the same mind, having the same love, being in full accord and of one mind. Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.

Realizing that some may feel the need to show solidarity with those students in Florida who lost loved ones or were themselves victims of a senseless act of violence, we want to take the time to examine what we as Christians can do in the face of these times.

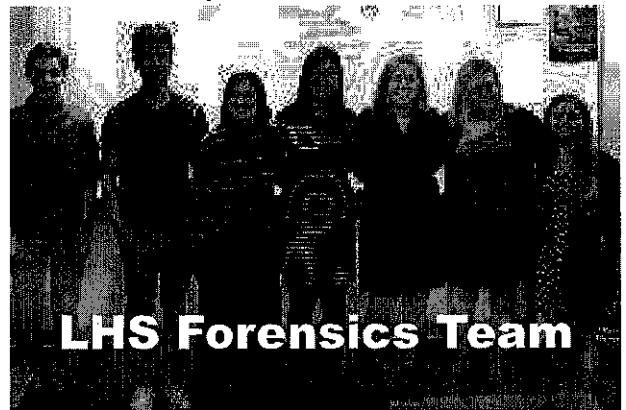
1. We can pray for the well being of those who are hurting because of this situation.
2. We can respectfully encourage our civil government to act wisely, finding ways to preserve our freedoms and provide protection to our citizenship.
3. We can support with gifts and donations those who are in need.
4. We can stand up for those who feel persecuted and encourage them to find value in Jesus their Savior.
5. We can be advocates for those suffering psychologically and emotionally and, where needed, speak to authorities about concerns we have for them.

6. We can continue to focus on our studies so that we will be knowledgeable and wise Christian citizens.

7. We can be examples to a world that is confused about authority by showing humility and honor to those who are placed in authority over us by God.

Where the world may want us to take actions that cause disruption to our school day by calling attention to ourselves in "walkouts" or "protests", we have a mission to be constructive with our time and talents. Though we respect the desire to "do something to bring about change" it is important to respect our vocation as students and teachers. We are to be about education and learning so that we can be lights in a dark world. Now more than ever we need to focus on our mission so that we can be leaders in both our Christian environment and our civil environment, working cooperatively to make decisions in peaceable ways.

Have a Blessed Easter.
Rick Zeuner, Faculty



With much to be thankful for, we raise up the talents of our LHS students who are heading to the State Forensics meet on April 21. Dominic Willadsen, Nat Werth, Alyssa Wetenkamp, Xinyi 'Sally' Feng, Molly Peterson, Hannah Adams, and Emily Schuh. Teammates also include Hannah Randall, Danny Truong, and Madison Zabel.
(not available for the photo)

Crusade for Bids Dinner & Auction

Online Auction - April 4 - 11, 2018

Look for the online auction link on our website and facebook page and bid on great packages!

Friday, April 13 - Preview Night

Preview night is free! This is a great opportunity to check out the auction even if you are not able to go on Saturday. Stop in for fellowship, enjoy live entertainment by the Good Hope Road Praise Band, and view the auction items.

Join us from 5:30 - 8 p.m. in our gym for a few Friday-only opportunities to win a basket or see the auction puppy. Cash bar available.

Saturday, April 14 - Auction and Dinner

Silent & Live auction, dinner buffet, and fun! Doors open at 4:30 p.m.

Early reservations are \$68 per person before April 4, \$80 after April 4.

Awesome lineup of auction items include:

- * L.A. Clippers jersey, and youth items all autographed by Sam Dekker, #7.
- * Spring break '19 week in the Orlando, FL area.
- * Reggie White autographed framed Packers Jersey
- * New Years' Eve 2018 in Sedona, AZ.
- * Gourmet picnic in the Himmelgarten vineyard for 8 including wine with each course.
- * Hall of Fame Jerry Kramer autographed jersey.
- * Tickets to see Ed Sheeran in concert, Kenny Chesney at Miller Park, "Jazz on the Vine" in Elkhart Lake, "Fiddler on the Roof" and "Tim Allen, Live" at the Appleton PAC and more!
- * An adorable apricot male cockapoo puppy.
- * Half-day Charter Fishing package on Lake MI.
- * Sailing on Lake MI and dinner at the Milwaukee Yacht Club for 4 with an overnight stay!
- * Handcrafted furniture, jewelry, artwork.
- * Chocolate, wine, cigars and more!

Donations greatly appreciated

Donate sporting event tickets, theme baskets, gift certificates, or even cash toward the purchase of an item for the auction and your donation can be tax deductible. If you have any questions or would like to donate, please call the Lutheran High office at 920-452-3323.

Check out the LHS website for a detailed listing of items at www.lutheranhigh.com.

Dinner Auction under the "Activities" tab.

Lutheran High Student Leaders of the Month

have been chosen based on their service, behavior, leadership, attitude, & academic achievements.

Senior - Bethany Meador

St. John Lutheran - Plymouth

Junior - Emma Otten

Trinity Lutheran - Downtown

Sophomore - Elisabeth Cassidy

Trinity Lutheran - Howards Grove

Freshman - Megan Lindsey

St. John Lutheran - Plymouth

Lutheran High's Spring Musical and Student Art Fair

Weekend

Save the date for:

*My Fair
Lady*

Public Performances

Friday, May 4 at 7 p.m.

Saturday, May 5 at 7 p.m.

Sunday, May 6 at 2 p.m.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|--|-----------|--|
| 1 Easter 8:00am Divine Worship 10:30am Divine Worship | 2 6:30pm Board Meetings | 3 1:00pm Mary Martha | 4 3:30pm CEP 5:45pm Handbells 6:45pm Choir | 5 3:45-5:50pm Parish Nurse 6:00pm Divine Worship | 6 | 7 |
| 8 7:30-10:30am Blood Pressure Screening 8:00am Divine Worship 9:15am Family Bible Hour 10:30am Divine Worship | 9 9:00am-11:00am Parish Nurse 10:00am Bible Class 6:30pm Council | 10 | 11 3:30pm CEP 6:45pm Choir | 12 3:45-5:50pm Parish Nurse 6:00pm Divine Worship | 13 | 14 |
| 15 8:00am Divine Worship 9:15am Voters' Meeting 9:15am Sunday School 10:30am Divine Worship | 16 9:00am-11:00am Parish Nurse | 17 | 18 3:30pm CEP 5:45pm Handbells 6:45pm Choir | 19 3:45-5:50pm Parish Nurse 6:00pm Divine Worship | 20 | 21 |
| 22 8:00am Divine Worship 9:15am Family Bible Hour 10:30am Divine Worship | 23 9:00am-11:00am Parish Nurse 10:00am Bible Class | 24 5:30pm Ladies Night Out at 8 th Street Ale Haus | 25 3:30pm CEP 5:45pm Handbells 6:45pm Choir | 26 3:45-5:50pm Parish Nurse 6:00pm Divine Worship | 27 | 28 9:00am Urban Artique Activity |
| 29 8:00am Divine Worship 9:15am Family Bible Hour 10:30am Divine Worship | 30 10:00am Bible Class | | | | | |