

WORSHIP WITH US!



Thursdays at 6:00pm w/Communion
Sundays at 8:00am & 10:30am
(Communion 1st & 3rd Sunday at 8:00am & 2nd & 4th Sunday at 10:30am)
9:15am Sundays - Family Bible Hour for ALL ages



MARCH 2013

OUR SAVIOR'S MESSENGER

Vol. 51 No. 3

Telephone 452-4005 ♦ e-mail oursavior917@sbcglobal.net ♦ oslcshoygan.com

It wasn't easy to find God's King at the beginning of His earthly life, but it would be even more difficult at the end. Who would ever expect God's King to be betrayed, denied, accused, mocked, and crucified? Who would ever look for the King on the throne of a cross on a hill of disgrace? Who would ever look for God's glory in a Crucified King? The exalted Son of God goes where human reason would never expect a king to go—high and lifted up on a cross, bearing the weight of the sin of the world. Yet He is willing to be a king despised and dishonored, that we might be considered great in God's kingdom and receive the exalted title of sons and daughters of God.

So that we don't miss Him, and all His benefits, the Passion according to St. Matthew makes clear the identity of this King and what He has come to do. Our series, *The Crucified King*, proclaims a King whose glory is shown not in His impressive power or strength, but chiefly in His showing mercy to sinners.

The weekly schedule of readings and themes for our Midweek services are as follows:

Ash Wednesday, **Wednesday**, March 5th;
Matthew 6:1-6, 16-21; *The King's Wisdom*

Midweek of Lent 1, Thursday, March 13th;
Matthew 26:47-56; *The King Betrayed*

Midweek of Lent 2, Thursday, March 20th;
Matthew 26:69-75; *The King Denied*

Midweek of Lent 3, Thursday, March 27th;
Matthew 27:11-26; *The King Condemned*

Midweek of Lent 4, Thursday, April 3rd; Matthew
27:27-31; *The King Mocked*

Midweek of Lent 5, Thursday, April 10th;
Matthew 27:35-44; *The King on the Cross*

Maundy Thursday, Thursday, April 17th;
Matthew 26:17-30; *The King's Feast*

Good Friday, Friday, April 18th; Matthew 27:45-
50; *The King Forsaken*

Easter Vigil, Saturday, April 19th; Mark 16:1-8;
The King's Empty Tomb

Easter, Sunday, April 20th; Matthew 28:1-30;
The King Raised

Please join us on our Lenten Journey to
Calvary as we focus on

The
CRUCIFIED
King

There was a formula error for the December 2013 report. Here is the corrected December 2013 report:

Financial Report

	<u>Jan. 2014</u>	<u>Year-to-Date</u>
Income		
Offerings	\$ 17,108.45	\$ 17,108.45
Building Fund	989.00	989.00
Other	<u>1,587.55</u>	<u>1,587.55</u>
Total Income	<u>\$19,685.00</u>	<u>\$19,685.00</u>
Expenses		
Missions and Outreach	\$ 75.00	\$ 75.00
Salaries and Benefits	12,806.76	12,806.76
Mortgage Payments	1,719.25	1,953.00
Christian Education	646.41	646.41
Office and Maintenance	2,983.53	2,983.53
Other	<u>960.82</u>	<u>960.82</u>
Total Expenses	<u>\$ 19,991.77</u>	<u>\$ 19,425.52</u>
Net Income (Expense)	<u>(306.77)</u>	<u>\$259.48</u>

Loan Progress Report

Principal Balance at 8.10.07	\$ 190,000.00
Less: Principal Pmts to Date	<u>(151,952.82)</u>
Principal Balance at 1.28.14	<u>\$ 38,047.18</u>

The interest rate is 4.875%, fixed for 10 years and the monthly payment \$950.

The Church Council has decided that the monthly loan payment should match the monthly contributions whenever giving is greater than \$950.

"We give Thee but Thine own,
Whate'er the gift may be;
All that we have is Thine alone,
A trust, O Lord, from Thee."

"And we believe Thy Word,
Though dim our faith may be:
Whate'er for Thine we do, O Lord,
We do it unto Thee."
(LSB 781)

<u>Financial Report</u>				
			<u>Dec-13</u>	<u>Year-to-Date</u>
Income				
Offerings			\$ 31,395.06	\$ 256,024.34
Building Fund			\$ 1,719.25	\$ 20,368.91
Other			\$ 7,080.03	\$ 52,832.77
Total Income			\$ 40,194.34	\$ 329,226.02
Expenses				
Missions and Outreach			\$ 2,333.31	\$ 30,300.00
Salaries and Benefits	12329.82		\$ 17,758.32	\$ 58,824.91
Mortgage Payments			\$ 2,738.54	\$ 33,642.33
Christian Education			\$ 665.24	\$ 5,581.80
Administration and Maintenance			\$ 3,502.16	\$ 47,065.35
Other			\$ 7,871.49	\$ 46,849.79
Total Expenses			\$ 35,669.06	\$ 222,264.18
Net Income (Expense)			\$ 4,525.28	\$ 106,961.84

Brat Fry

CEP STUDENTS & PARENTS

DATE: Sunday, March 9, 2014

TIME: 11:00am-2:00pm

The annual CEP Brat Fry is fast approaching on March 9th. Can't you smell the aroma of the brats, steaks and chicken breasts? Doesn't it make your mouth water? We hope that you will make plans to join us for this Brat Fry.

This Brat Fry is supports the Christian Education Program at Our Savior's.

Many thanks to the CEP students and parents for volunteering their time to make this a success.

This year we will also have a silent auction. Come and bid on various items from free games of bowling to an autographed Packers football!

WE NEED YOUR HELP!!!

Due to fewer CEP students and families this year, we are short of manpower for the brat fry on March 9th. We are in need of volunteers from our congregation to help make this major event a success! Church members can help out in a number of ways, including working in the kitchen, helping clear tables, serving, taking orders and post-fry clean up. You don't need to work the entire brat fry; time slots will allow you to help as well as partake of the feast. A sign-up sheet is available in the Narthex. Contact Eric or Dawn Brauer at 457-5321 if you have any questions. Thank you for your help!!!

The CEP Auction Baskets

The CEP brat fry is right around the corner and the youth are collecting items to put in the following themed baskets: Gardening, Easter, Spring Cleaning and Home Improvement. There is a box in the Narthex labeled Raffle Donations that you place your item in. If you would rather give a monetary donation, we have a free will container next to the box that you can place your donation in and the youth will buy items to fill the baskets. Items will be collected until Sunday March 2nd. Thank you for your help. All items will be used in the Silent Auction at the Brat Fry on March 9th.

LENTEN SOUP & SANDWICH

Lenten Soup & Sandwich will start on March 5th with Ash Wednesday. Thanks to the following groups who stepped up and picked a week to host: Education, Elders, Endowment, and Trustees. Join us starting at 5 pm up till 5:50 on March 5, 13, 20, 27, April 3 & 10 for soup, sandwiches and dessert. Everyone is invited to join us. Contact Helen or Janine Bergeron for more information.

APRIL 1ST VOTING BAKE SALE

I'm not fooling when I ask for baking volunteers for the first 2014 Voting Poll at Our Savior's on April 1st. We've always had a good turnout with members donating baked goods to sell and hope you can continue "the tradition". It's been quite a while since we've had a Voting Poll, so the voters will be (pun intended) "chomping at the bit" to satisfy their sweet tooth.

Bakery can be brought to the fellowship hall on March 31 from 9 am – noon (use Office Entrance) or 5 – 6 pm (use Fellowship Entrance). Proceeds will go to reduce the building debt. If you can help sell the bakery, please contact Janine or Helen Bergeron. Thanks!

SOCIAL ACTIVITIES GROUP – UPCOMING EVENTS

Back by popular demand! Pizza by Frank Marzano – Please join us for adult fellowship and fantastic pizza catered by Frank Marzano on Saturday, April 5 at 6:00 pm in the Fellowship Hall. While sharing stories of his Italian heritage and traditions, Frank will take requests and prepare a variety of pizzas – taste as many as you like! Frank accommodates all dietary needs. The cost for dinner (including pizza, salads, and desserts), beverages and tip will be \$15.00 per person. Free babysitting on-site (including free pizza for the children) will also be available. Ticket sales will begin on Thursday, March 6 through Sunday, March 30. If you have any questions, please contact Marilyn Heling, Ph. 458-5336. Hope you can join us!

Have you missed a service due to illness or other emergency?

We do have CDs available of our Sunday morning 8 A.M. service.

Call Kory at the church office and she will mail you a CD of any of those early services. We will also have CDs available of the Ash Wednesday and special Lenten services such as Maundy Thursday and Good Friday.

Pastoral Acts:

Funeral:

Mrs. Maxine Kolbe
Age: 90
Died: January 30, 2014
Laid to Rest: February 8, 2014

Mrs. Helen Ferk
Age: 95
Died: February 21, 2014
Laid to Rest: February 24, 2014

Baptism:

Ella Kimberly Neidert
Daughter of Tom and Kim Neidert
February 9, 2014

Memorial Gifts:

\$2,000 in memory of Debora Richards towards the organ fund
\$1,850 in memory of Tim Cyr towards the organ fund
\$35 in memory of Jim Hoerz

Parish Nurse News

Dear Friends in Christ:

How to keep your brain sharp.

1. Watch your blood pressure. High blood pressure can cause "small" strokes, (TIA) usually visible on MRIs. This is caused by the blood supply being cut off and a small area of brain tissue can die from lack of oxygen.
2. Watch blood sugars. Diabetes causes small blood vessel damage if left uncontrolled, it may also shrink parts of the brain. Metabolic syndrome may also cause an increased risk of dementia. (Obesity – especially oversized waist, high blood pressure, higher than optimal blood sugars but not high enough to be diagnosed as diabetes.)
3. Exercise. Brisk walking or other aerobic exercises.
4. Use it or lose it. Reading, playing games, or attending classes.
5. Sleep. Early studies suggest that uninterrupted sleep helps clear toxins from the brain.
6. Caffeine. Consuming approximately 500mg a day was associated with memory preservation
7. Berries. Blueberries and strawberries when eaten one to three servings weekly seem to slow the rate of mental decline.
8. Vitamin D. New trial going on to test the effects on mental status.
9. Diet. Low in saturated fats, rich in fruits and vegetables, whole grains, fish, nuts, and olive oil.

THE BOTTOM LINE:

To preserve your memory:

- Lose (or don't gain) excess weight.
- Exercise 30 to 60 minutes a day
- Eat a healthy diet
- Control blood pressure with diet, exercise, and, if necessary, medication
- Stay mentally and socially active

It might also help to:

- Get enough sleep
- Eat more seafood and berries
- Get enough vitamin D
- Consume more caffeine

Don't expect much protection from:

- B vitamins
- Vitamins C and E and beta-carotene
- Multivitamins

(Info taken from Nutrition Action, Jan/Feb 2014)

Prayerfully submitted,
Deb

BP Sunday, March 2nd

5th & 6th GRADE CEP STUDENTS PUT THEIR FAITH IN ACTION!

The combined confirmation class of 5th & 6th Grade were able to see first-hand how God takes care of His people through other Christians (serving as Christ's ambassadors) and through local resources such as Bridgeway House. The current census the day we visited (January 29) was 5 women and 4 children.

"Bridgeway (House) & Beyond is a 3-Phase Transitional Living Program continuum to help single mothers and their children move from living in "crisis management mode" to satisfying life of self-sufficiency. During the first-phase, families reside at the Bridgeway House, a group home that can house up to six families at one time. During their initial assessment, a family's problem areas are identified and a goal plan developed to focus upon. Successful completion of the first phase can take up to two years.

Their primary goal is to teach single mothers how to provide a safe, stable, loving and nurturing environment for their family, so they can move from merely surviving to thriving. Through a long-term educationally based program, single mothers and their children learn how to be self-sufficient, never to return to their former life of constant despair." (from Sheboygan County Interfaith webpage). To find out more information about helping out at Bridgeway House, call Health and Human Services.

You can "participate" in the Servant Event "through the eyes of a student" as you read their thoughts on the experience.

Student #1: Bridgeway House is for kids and moms. It is a good home for them. They can drop the kids off at daycare, or take them to school. The kids love to play, the kids play in the living room.

The place is big. Each mom cooks on a different day. I had no idea what Bridgeway was going to be like. I had a lot of fun and am glad that we got to volunteer there. It is nice that our community has a place that is there for

them. I pray that all the children and mothers do well and they feel they are part of a family and know people are here for them.

Student #2: We played in the toy room with the little ones for a while until the other people (students) were done with (prepping) supper. Then 30 minutes later, we had to switch with them, then we (finished) making supper and the place is kind of big.

We ate spaghetti and salad and instead of adults making dinner, the CEP students made dinner. I liked it there and everyone had fun.

Student #3: My expectations were that there would be more people there. I thought it would be different than I thought because it looked more like a house. I thought it would be more like a little nice place. It looked very nice. Everyone that was there was very nice and kind. I thought the kids were fun and nice to play with. I thought it was fun to cook and I felt very nice. I felt like I was doing something nice for them. It looked so nice and I think it's nice what the people were doing for them. They looked so glad and I felt so kind for doing this and helping. This was my experience.

Student #4: Bridgeway House was more fun than I expected. One thing I saw is that everyone there cares about each other and wants the best for everyone. One thing I learned is that even if my life turns into something I don't like, there is always someone there for you. I didn't expect it to be like that. It was a lot nicer and put together than what I thought. Everyone there is very nice and helpful, especially the little kids. The kids were so fun to play with, even though there were only two of them (at the time), they still wore us out. Everyone there has gone through all different situations, but everyone is helping everyone to get back on their feet and I hope the VERY BEST for everyone there and those to come.

Student #5: Bridgeway was very different than a house. I expected it way different. In some places, there was a lot of stuff. It was really fun playing with the little kids. It was pretty fun making the food and getting to interact with the moms. The kids there were very well behaved and loved to have us there. They don't get visitors a lot, so they loved to have people to play with.

I was surprised that they knew about the Lord. One question I should of asked is if they go to church. It is probably hard for the moms to make supper for a lot of people. And taking care of their kids while focusing on getting their life back together. And find a job if they don't have a job. Also, about finding a house. I hope each mom and kid there will have an amazing life.

A note from the CEP teacher Janine Bergeron: I was very proud of our students as they interacted with the

residents and children at Bridgeway House. Our students were very polite and enthused to help with making dinner and interact with the residents. They asked good questions of the staff and realized first-hand how . . . although life can be tough at times, the Lord is always there beside you. Their visit to Bridgeway House will forever change their lives, as you could see from their remarks above. Well done 5th & 6th Grade students, and well done to their parents!

FOOD PANTRY UPDATE

With the start of Lent comes the planning of the Easter Food Baskets. Baskets will be delivered to families in need on April 19th. The Easter Food Basket includes a ham, canned fruits and vegetables, fresh vegetables (potatoes, celery, carrots) and fruits (oranges, apples), dinner rolls, a dessert, and other goodies. If a member of Our Savior's finds themselves in a situation where you do not have the means to purchase an Easter dinner for your family, please contact Pastor Powers or a member of the Food Pantry Committee (Kathy Launer, Helen Bergeron or Janine Bergeron).

The food pantry not only assists members of our congregation, but individuals and families who call the church or walk in our doors looking for assistance. From January to the middle of February, a total of 34 bags of groceries were given out. Through the generosity of your donations, we are able to provide staple items to help our neighbor in need. Monetary donations given to the food pantry are used to purchase non-donated items for Member Food Baskets given four times a year. Presently, we have ten Food Baskets to fill. Every effort is made to keep costs low when purchasing the needed items. Donations are needed to keep the food pantry running smoothly.

To make a monetary donation, make your check out to Our Savior's Lutheran Church, in the memo put Food Pantry, place your check in an envelope marked, "Food Pantry" and place in the offering plate, or drop off at the church office. Food donations of non-perishable items can be placed in the collection barrel in the narthex. Items presently needed include: soup, hamburger, tuna or chicken helpers, mac & cheese, ketchup, mustard, jelly, canned meat (tuna, ham, chicken, turkey or Spam), canned fruit, pudding/jello mix, rice, shampoo, deodorant, bar soap and hand lotion. Thank you for your outpouring of pasta, we are set for a while and do not need any more at this time.

Rummage Sale, 2014:

It is amazing how many articles are available on "letting go" of items...sometimes it is called downsizing or organizing or living a simpler life. One common theme in the articles is that you are a happier and more satisfied individual if you eliminate clutter in your life. The problem we often face is how to get start.

A recent article provided a "how to" on the topic. First set up a space for an outbox (a.k.a, your church rummage sale box). Consider a space that needs to be decluttered, like a bookshelf or closet. Examine each item in that space and ask yourself the following questions: Do I love it? Do I use it? Does my home need it? If you answer no to any question, it goes in the outbox. Keep the items in that box for at least a week. After that week, you can choose to keep it or get rid of it. If you are still unsure, wait another week. If your separation anxiety has passed, then the item stays in your outbox. Not only will this process provide you with more space and a sense of clarity in your life, but it will help Our Savior's eliminate the church debt. Without your contributions, we would not have much of rummage sale.

Thank you for going through your items and saving them for the rummage sale scheduled for October. If you have any questions, please feel free to contact Mike Feudner or Clara Murphy.

MARY MARTHA NEWS

Diane Fischer opened our February 4th meeting with two inspirational stories about how God works within people's lives. There was a brief discussion of how we can try to recognize HIS hand in things that happen to us personally.

Gloria Meseck introduced our guests, Marijo Pitsch, Gayle Salisbury and Jean Kistner. Jean is one of our honorary members and told us she had just celebrated her 90th birthday.

LaVerne Kaiser has been in re-hab and recovering from a severe knee infection at Progressive Health Center for several months. Another of our members, Lou Ann Stroo, had surgery last week and is now at home and is anxious to get out and about soon.

Gloria Meseck read the minutes of the last meeting. We acted on a request from Lutheran High School by sending a check towards the Basket Sale which will be held at their 2014 Dinner Auction.

Diane Fischer reported on the Christmas Cookie sale and then read the treasurer's report.

Ann Fredricks shared an authentic 1923 Teachers' Contract with us. It brought many laughs to compare the restrictions placed on teachers in those days to the days in which we live.

Marcie Sorenson and Helen Rautmann had suggested prior to the meeting that we plan a bus trip to the Memories Theater in Port Washington to have a wonderful buffet meal and to see a play – a comedy – about a group of church ladies who are holding a talent show to raise money when a bolt of lightning struck the Ivy Gap steeple, igniting a fire that destroyed the sanctuary and much more. The suggestion of this trip was greeted with great enthusiasm from our members and there was much discussion. As a result, on Saturday, April 5, at 10:30am, we will meet in the old Sentry Store parking lot (directly behind Rogan's Shoes) to head for Port Washington. We will return at roughly 5:50pm.

Rose Zaeske and Marge Siefert beautifully decorated tables with a valentine theme and served tortes and coffee as refreshments.

We finished our meeting by playing a game of Bunco which resulted in much confusion and laughter. There were donated prizes and fun was had by all!!

NEWS FROM OTHER LUTHERANS

How can I get a free Christian education for my student? . . . Trinity Lutheran School and St. Paul's Lutheran School in Sheboygan are participating in The Wisconsin Parental Choice Program (Voucher Program) application process for the 2014-15 school year. Parents who meet the income requirements (185% of poverty level) can apply. Go to dpi.wi.gov and click on "Statewide Voucher Program (WPCP)" to find out if you qualify and to complete a short application. Please list both schools in your order of preference so that your application can be counted at each school. Students who get into the program get their first preference. The 25 schools in the state (outside of Milwaukee and Racine) with the most applications are guaranteed at least 10 vouchers per school. If you have any questions, please contact Laura Safly (safly@trinitysheboygan.org) or Wendy Kretschmar (wkseven@charter.net).

Chaplaincy Ministry Culver's Fish Fry . . . will take at the Culver's of Plymouth (2318 Eastern Ave.) on Friday, March 14, 2014 from 4:00-8:00pm. A portion of all sales from 4:00-8:00 benefit the chaplaincy ministry.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2 7:30-10:30am Blood Pressure Check 8:00am Divine Worship with Communion 9:15am Family Bible Hour 10:30am Divine Worship</p>	<p>3 10:00am Bible Class 3:00-5:00pm Parish Nurse 6:30pm Board Meetings</p>	<p>4 1:00pm Mary Martha</p>	<p>5 Ash Wednesday 10:30am Ash Wednesday Service 3:30pm CEP 5:00pm Soup & Sandwich Supper 6:00pm Ash Wednesday Service</p>	<p>6 4:00-5:55pm Parish Nurse</p>		<p>1</p>
<p>9 8:00am Divine Worship 9:15am Family Bible Hour 10:30 Divine Worship with Communion 11:30am-2:00pm CEP Brat Fry</p>	<p>10 10:00am Bible Class 3:00-5:00pm Parish Nurse 6:30pm Council</p>	<p>11</p>	<p>12 9:00am Quilters 3:30pm CEP 5:30 Handbells 6:45pm Choir</p>	<p>13 10:30am Lenten Service 4:00-5:55pm Parish Nurse 5:00pm Soup & Sandwich 6:00pm Lenten Service</p>		<p>15</p>
<p>16 8:00am Divine Worship with Communion 9:15am Family Bible Hour 10:30am Divine Worship with Communion</p>	<p>17 10:00am Bible Class 3:00-5:00pm Parish Nurse</p>	<p>18</p>	<p>19 3:30pm CEP 5:30pm Handbells 6:45pm Choir</p>	<p>20 10:30am Lenten Service 4:00-5:55pm Parish Nurse 5:00pm Soup & Sandwich 6:00pm Lenten Service</p>		<p>22</p>
<p>23 8:00am Divine Worship 9:15am Family Bible Hour 10:30am Divine Worship with Communion</p>	<p>24 10:00am Bible Class 3:00-5:00pm Parish Nurse</p>	<p>25</p>	<p>26 3:30pm CEP 5:30pm Handbells 6:45pm Choir</p>	<p>27 10:30am Lenten Service 4:00-5:55pm Parish Nurse 5:00pm Soup & Sandwich 6:00pm Lenten Service</p>		<p>29</p>
<p>30 8:00am Divine Worship 9:15am Family Bible Hour 10:30am Divine Worship</p>	<p>31 10:00am Bible Class 3:00-5:00pm Parish Nurse</p>	<p>Notes: On April 1st, Our Savior's will host a voters' poll for the City of Sheboygan. Please drop off baked goods on Monday, March 31 from 9:00-12:00pm in the office or 5:00-6:00pm in the Fellowship Hall.</p>				